

### 2024 CCS REGIONAL CHAMPIONSHIPS ARRIVAL LOGISTICS PACKET

EASTERN: College Park, MD – October 26-27

### **Updates and Revisions**

10/15/24: Original Publication

10/24/24: Updates with seating and warmups

### **Meet Schedule**

Saturday	Sunday
Prelims Doors and Pool Deck Open: 7:30 AM Warm Up Start: 8:00 AM President's Meeting: 8:30 AM Volunteer/Timers Meeting: 8:45 AM Warm Up End: 8:55 AM Meet Start: 9:00 AM Estimated Meet End: 1 PM	Prelims Doors and Pool Deck Open: 7:30 AM Warm Up Start: 8:00 AM President's Meeting: 8:30 AM Volunteer/Timers Meeting: 8:45 AM Warm Up End: 8:55 AM Meet Start: 9:00 AM Estimated Meet End: 1 PM
Finals Doors and Pool Deck Open: 4:30 PM Warm Up Start: 5:00 PM President's Meeting: 5:30 PM Volunteer/Timers Meeting: 5:45 PM Warm Up End: 5:55 PM Meet Start: 6:00 PM Estimated Meet End: 8:00 PM	Finals Doors and Pool Deck Open: 3:30 PM Warm Up Start: 4:00 PM President's Meeting: 4:30 PM Volunteer/Timers Meeting: 4:45 PM Warm Up End: 4:55 PM Meet Start: 5:00 PM Estimated Meet End: 7:00 PM

### **Warm Up and Deck Access**

### **Warm Up Times**

Warmups will start at the following times:

Warm Up Times	
Saturday Prelims: 8:00 AM	Sunday Prelims: 8:00 AM
Saturday Finals: 5:00 PM	Sunday Finals: 4:00 PM

### **Prelims Warm Up Procedures**

The East and West pools will be open for general warmup during the scheduled times only (table below). Sessions will be assigned to teams closer to the event. The Shallow Pool will be continuously open for warm up from the beginning of the warmup session and throughout the prelim sessions. Any warmup time changes will be announced in presidents' meetings and through Discord.

### **Prelim Warm Up Sessions**

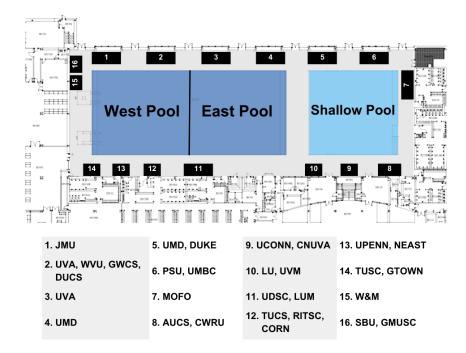
Session 1 - 8:00-8:25 AM	Session 2 - 8:30-8:55 AM
AUCS	CNUVA
JMU	CORN
LU	CWRU
MOFO	DUCS
PSU	DUKE
UMD	GMUSC
UVA	GTOWN
W&M	GWCS
	LUM
*Session 1 has the largest teams, sessions	MCS
are evenly distributed	NEAST
	RITSC
	SBU
	TUCS
	TUSC
	UCONN
	UDSC
	UMBC
	UPENN
	UVM
	WVAU

### **Finals Warm up Procedures**

The East pool will be open for general warmup during the scheduled times only, and the West and Shallow pools will be continuously open for warm up from the beginning of the warmup session and throughout the session. Teams will not be assigned warm up time slots for finals. Any warmup time changes will be announced in presidents' meetings and through Discord.

### **Assigned Team Seating**

Teams are assigned to seating areas on the pool deck bleachers. Teams will be given a specific bleacher which may be shared with other teams. Posters on the wall will mark team sections.



### Results

Results will be posted on deck on the wall behind the East Pool officials table and in the main hallway of the spectator section.

### **Awards**

Event awards will be completed during finals. The following awards schedule is subject to change – any changes will be announced in the Presidents' meetings. Awards for Saturday and Sunday events will be presented right after the A final of each men's event. The top 3 athletes in each event need to be ready to receive their award following the conclusion of the men's A final. For example, the top three finishers in the 100 breaststroke for men and women will receive their award at the conclusion of the men's 100 breaststroke A final. Awards for timed finals events will be presented before the first relay medal presentation. Team Awards will be presented at the conclusion of Sunday evening finals.

### **Facility Policies and Procedures**

### **Facility Entrance - Participants and Volunteers**

Participants and volunteers will enter the building from the side entrance. The side entrance can be reached by the paths below. There will be a volunteer stationed at this door directing teams. Volunteers may only be on the pool deck during their assigned shift. **Participants can not enter or exit at the front of the facility**.

### **Facility Entrance - Spectators**

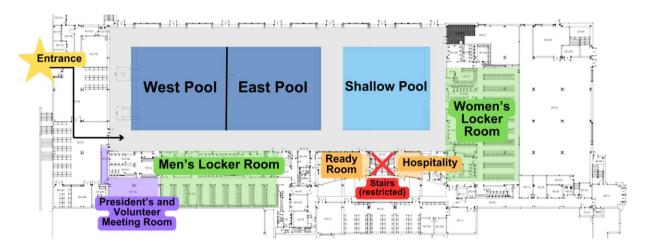
Spectators will enter the building through the front entrance, take a left before the front desk and the natatorium doors will be down the hall and to the left. **Spectators may not enter or exit through the side door.** 



### **Moving Through the Facility**

The Eppley Recreation Center will be open for regular patrons throughout the weekend. With that in mind, note that meet participants are not allowed to leave the basement of the facility. Locker rooms are available in the basement.

- Please keep all trash picked up in your team and spectator seating areas and stay away from restricted areas.
- If a swimmer is found in a restricted area, the swimmer will be asked to leave the facility and may be pulled from the remainder of the meet.
- Vandalism will not be tolerated. Any individual caught vandalizing the facility will be asked to leave the facility for the remainder of this meet.
- Deck access is restricted to competing athletes, registered coaches, officials, event staff, and meet volunteers. No parents, spectators, or members of the general public will be allowed on deck except at the request of a Meet Director or Meet Referee.
- Belongings should be removed from the deck between sessions and overnight for cleaning.



### **Presidents Meeting Location**

Please have a club representative attend the President's Meeting each session. The President's meeting will take place in the Natatorium Studio (purple room on the map).

### **Volunteering Information**

Volunteer check-in at the meet will be located in the Natatorium Studio. Studio is shown on the map adobe on the pool deck. All volunteers should plan on checking in AT LEAST 15 MINUTES prior to the start of their shift. Further directions will be given to volunteers upon arrival.

Volunteers can sign up here: <a href="https://www.signupgenius.com/go/4090B45A5AE2CA57-51948331-2024#/">https://www.signupgenius.com/go/4090B45A5AE2CA57-51948331-2024#/</a>

All teams bringing more than 15-30 athletes are asked to provide one volunteer for two of the four sessions. All teams bringing more than 30 athletes are asked to provide one volunteer per session. These volunteers can be parents/fans or competing athletes. We plan to use all non-host club volunteers as timers. All teams who are providing volunteers should complete this form no later than the presidential confirmation deadline. When signing up please list team name in the comments. We thank you for your help!

### **Reminders and Communication**

### **Spectator Seating and Heat Sheets**

Spectator seating will be free, we ask that spectators be respectful of the facility and stay in the stands. UMD Club Swim is accepting donations in support of our team as we are provided complementary seating. QR codes will be available with information. Donations will be accepted on PayPal @umdclubswim

Complementary heat sheets will be available on MeetMobile. QR codes will be posted around the facility.

### **Meet Communication**

Reminders and real-time updates will be sent out via the Eastern Regionals Channel in the CCS Discord and Email for longer updates.

### **Health and Safety**

There will be an on-site athletic trainer or EMT.

### **Medical Centers (ER Open 24/7)**

Luminis Health Doctors Community Medical Center

- 8118 Good Luck Rd, Lanham, MD 20706
- 18 minutes, 5.5 miles

### Holy Cross Hospital

- 1500 Forest Glen Rd, Silver Spring, MD 20910
- 18 minutes, 8.1 miles

### MedStar Washington Hospital Center

- 110 Irving St NW, Washington, DC 20010
- 25 minutes, 7.7 miles

### **Urgent Care**

AllCare Primary & Immediate Care

- 4407 Hartwick Rd Retail 13, College Park, MD 20740
- 9 minutes, 1.3 miles
- Saturday-Sunday 9AM-2PM

### College Park Medical Center/Med-Ped Healthcare

- 4701 Melbourne PI, College Park, MD 20740
- 7 minutes, 1.2 miles
- Saturday-Sunday 9AM-5PM

### MedStar Health: Urgent Care at Hyattsville

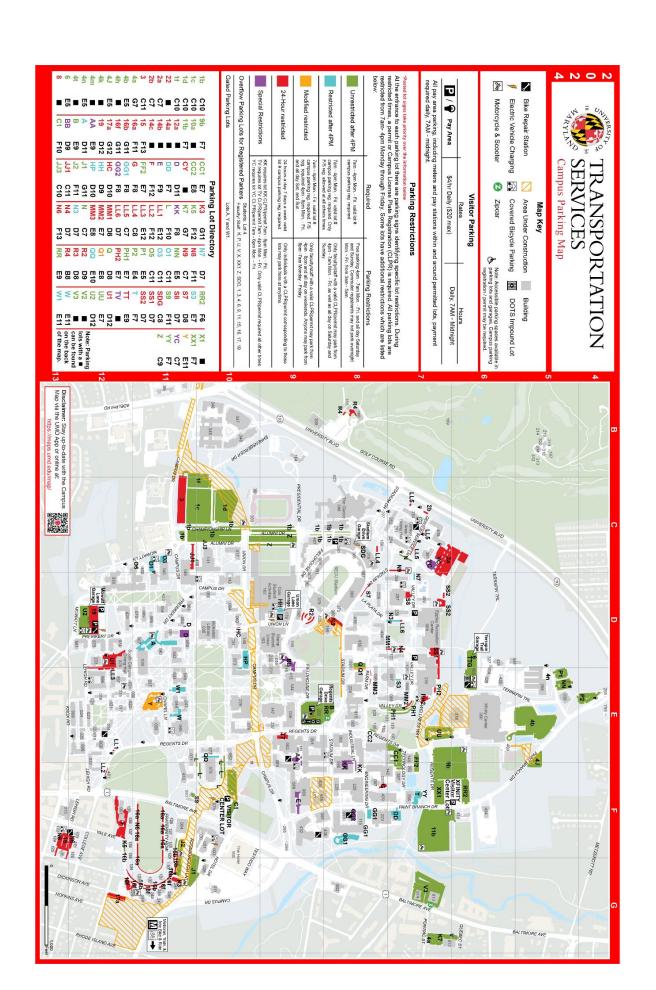
6401 America Blvd #200, Hyattsville, MD 20782

- 11 minutes, 2.6 miles
- 8PM-8PM

### **Parking Information**

Campus Parking Maps - <u>UMD DOTS</u>

There are free lots shown on this map for Saturdays and Sundays. UMD DOTS prefers large charter buses to be parked in **XFinity lots 4b**, **4j**, **and 11b**.



# How to Read a Parking Lot Sign

At the entrance of each parking area, there is a parking lot restriction sign. Understanding the restrictions specified by each sign is an important factor in having a pleasant parking experience at the University of specified by each sign is an important factor in having a pleasant parking experience at the University of specific parts.

Lot signs are color-coded to easily distinguish parking restrictions. Signs with BLACK text welcome parking after 4 p.m. without apmit or Campus License Plear Registrants (CLPR), whereas lot signs with RED text are used to bring awareness to various parking restrictions.

Signs that begin with a LETTER are considered faculty/staff lots, regardless of any sub-number that follows it. Signs that begin with a NUMBER are considered student lots.

SPECIAL RESTRICTIONS.

The area below the I of assignment indicates any special restrictions to the lot. During restricted hours, only permits or CLPR assigned to the parking area are permitted to park in the lot.

## Types of Parking Lot Signs

SPECIAL RESTRICTIONS

SPECIAL RESTRICTIONS

This area indicates any special restrictions to the lot. During restricted hours, only permits or Campus License Plate Registrants (CLPR) assigned to the parking area are permitted to park in the lot.

24-HOUR RESTRICTION
Only permits or Campus License Plate Registrants (CLPR) corresponding to this area are permitted to park here at any time. The special restrictions are:

MODIFIED RESTRICTIONS
During the hours of 4 pm – 8 pm, these lots become unrestricted to faculty/staff permit/CLPR holders only. After 6 pm, anyone with or without a permit/CLPR may park here, until 7 am the next day.

valid parking registration. FACULTY/STAFF RESTRICTIONS
After 4 pm, these lots become unrestricted only to faculty/staff with

UNRESTRICTED AFTER 4 P.M.

After 4 pm, no CLPR is required for these lots. These lots become unrestricted to all faculty/staff, students and visitors.

Special Events Parking

Access to certain lots on campus is occasionally restricted during major campus events including move-inf move-out days. Signs indicating restrictions are posted at the entrance to all affected lots several days before restriction changes. Registrants may also receive email alerts related to major parking disruptions throughout

Athleic Event Parking Restrictions For the most up-to-date information about game day parking restrictions visit the Athletic Events Parking page at www.transportation.umd.adu/athletic.html.

# Sustainable, Affordable, and Accessible Transporation Options -ollow @DOTS\_UMD on social media and online to access these great sustainable

ble Transportation Services:

- A Free Shuttle-UM and NITE Ride Services, flat \$2 Metro fares on late mights weekends, Smart Commute Store raffles and prizes, and, for student or professional staff, up to \$300 per month in pre-tax transit benefits and 6 guaranteed rides home!
- &&Commuter showers, covered/secure parking, free repair stations, blke shop, lock-cutting and lost-and-found found services, blke- and scooter- share walking escort service, and more!

Carpool matching, permit bundles and discounts, motor vehicle assistance (MAV), electric vehicle charging network, carshare, and more!

Social Events: Monthly trips, events, and rides to match every season of your commute on the DOTS, calendar and email newsletters, with event highlights on social media!





















X1 X

### GRADUATE HILLS APARTMENTS (3) OCATOR MAP GRADUATE GARDEN APARTMENTS GREENMEAD DR ANACOSTIA PATAPSCO & TECH VENTURES SEVERN APTS

ALLENG
ALLENG
WOMERING BUILDING F8
HT HALL CLD
FOR PHYSICAL SCIENCES D2
UULDING EL1
AK HALL D11
AK HALL D11
RIE MOUNT HALL E11
RIE MOUNT HALL E11







### BUILDING CTORY

LIBRARIES
035 MCKELDIN LIBRARY D10
147 HORNBAKE LIBRARY E9

ISITOR PARKING

# BUILDING NAME GRID MANAPOLIS HALL EXPONICA BLOG EB
BOSPETIMA D'UTRACHA CENTRE CE
COPITEZIONE BLUDING ES
COPITEZIONE BLUDING ES
COPITEZIONE BLUDING ES
COPITEZIONE BLUDING ES
COPITEZIONE CANTER ES
ANTIC BLUDING ES
COPE PSENDOSE CINCENTES ES
ENTONE COLLEGERES
COPITEZIONE ES
COPITEZIONE
COP RENCE M. MITCHELL, B. BUILDING ELD
RENCE M. MITCHELL, B. BUILDING ELD
RECE SMITH PERCOMMING ARTS CENTER CB
ESTLUDENT ACTIVITIES BUILDING D9
PUTER SCIENCE INSTRUCTIONAL CENTER F8
RE AQUACUITURE BUILDING G2

SEO ALAUNIC CENTER DY

159 60 - TUDITE: SHIFT SADUM AT SHIFTED D9

380 CHEFT AND CHEFT AND THANKHAN STADUM D8

380 CHEFT AND CHEFT AND THANKHAN STADUM D8

380 CHEFT AND CHEFT AND THANKHAN STADUM D8

380 CHEFT AND CHEFT AND THANKHAN STADUM D9

380 CHEFT AND CHEFT AND THANKHAN D9

380 KHEFT AND THANKHAN D9

380 KHEFT AND CHEFT AND THANKHAN D9

380 KHEFT AND THANKHAN

RECREATION AND ATHLETIC FACILITIES

ACTION TO THE MANUAL PROPERTY OF THE MANUAL P NTER D10
FOR PHYSICAL SCIENCE & TECH. BLDG E8
RESON BUILDING E8
ALL D10
LP HYSICS BUILDING E9 ABORATORY BUILDING F9
AL SERVICE FACILITY D6
KEY HALL E11
HING E9
HALL D10 ING HALL C7
DEA FACTORY F8
CENTER E10
VING HALL (THE DINER) D7
HACILITY F8
HEACILITY F8
HEACILITY F8
HEACILITY F8 DE MESONEMA FACILITES

ON ALIFCANY MAIL DIO

OLIS BATTIMORE MALL EXI

ORO ANNE ANNO EN MALL EXI

ORO ANNE ANNO EN MALL EXI

ORO ANNE ANNO EN MALL EXI

ORO CARROLL MALL EXI

ORO

987-994. COURTVARDS GREENMEAD DR INSET 250-285. GRADUATE GARDENS AFT GRADUATE GARDENS INSET 286-292. GRADUATE HILLS AFRITMENT'S GRADUATE HILLS INSET 244-250. LEONARDTOWN APARTMENTS G11, G12

INN F11 BLIC HEALTH BUILDING E7

126 HOUSE 1711
127 HOUSE 1711
128 HOUSE 1711
129 HOUSE 1711
120 HOUSE 1711
120 HOUSE 1711
121 HOUSE 1711
123 HOUSE 1711
124 HOUSE 1711

E BUILDING F10

Y BUILDING SEVERN INSET
WAKER BUILDING E11
LE BUS FACILITY F6
LE BUS FACILITY F6
LC AMPUS DINING HALL D12
STUDENT UNION D9
EHANING HALL D12

## UMGC/ COLLEGE PARK MARRIOTT HOTEL AND CONFERENCE CENTER

LET I PRIVES HALL CED

SEST TECH. ADVONCEMENT PROGRAMA SHLIDING F7

STOT THE HALL CED

OUT THE HALL CE 348 COLLEGE PARK MARRIOTT HOTEL AND CONF. CTR. 810
345 COLLEGE PARK MARRIOTT HOTEL AND CONF. CTR. 810
346 UMGC. ADMINISTRATION BUILDING 810
347 UMGC/ MARRIOTT GARAGE 810