

## Disabled Swimmers

- All disabled swimmers must meet the USA-Swimming Para-Motivational Sectional Time Standards in every event they wish to participate in the meet. These standards are found below and at <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/sectional-para-times-ndc-official.pdf>
- Any swimmer with a disability that is not classifiable by the International Paralympic Committee (IPC) standards, that has been diagnosed by a physician as having a disability, may compete if they meet the national time standard derived from that disabilities' international governing body world standards.
- Coaches for teams with disabled swimmers competing must notify the Meet Referee prior to the meet.
- Disabled swimmers are eligible to compete in the 50, 100, and 200-yard events. The meet referee may elect to have them swim the 50's during the able-body 100 events, 100's during the 200 events, and 200's during the 400/500 events, based on entry times.

### P1 - non-ambulatory (wheelchair bound): limited use of all four extremities

Women					Men			
SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM
1:18.39	1:18.39	121.59	121.59	50 FR	1:12.29	1:12.29	1:15.29	1:15.29
2:44.39	2:44.39	1:51.19	1:51.19	100 FR	2:43.09	2:43.09	2:49.89	2:49.89
6:33.69	6:33.69	6:50.09	6:50.09	200 FR	4:28.49	4:28.49	4:39.69	4:39.69
1:32.69	1:32.69	1:36.59	1:36.59	50 BK	1:00.29	1:00.29	1:02.79	1:02.79
2:50.39	2:50.39	2:57.49	2:57.49	100 BK	2:11.79	2:11.79	2:17.29	2:17.29
1:25.79	1:25.79	1:29.39	1:29.39	50 BR	1:05.19	1:05.19	1:07.89	1:07.89
4:04.79	4:04.79	4:14.99	4:14.99	100 BR	3:09.09	3:09.09	3:16.99	3:16.99
2:17.99	2:17.99	2:23.69	2:23.69	50 FL	2:02.29	2:02.29	2:07.29	2:07.29
5:41.99	5:41.99	5:56.19	5:56.19	150 IM	5:27.29	5:27.29	5:40.99	5:40.99

### P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body

SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM
42.69	44.89	44.49	46.79	50 FR	39.29	41.39	40.89	43.09
1:34.89	1:39.89	1:38.89	1:44.09	100 FR	1:26.59	1:31.19	1:30.19	1:34.99
3:15.39	3:25.69	3:23.59	3:34.29	200 FR	3:03.19	3:12.79	3:10.79	3:20.89
7:57.69	6:29.89	8:17.49	6:46.09	400/ 500 FR	7:42.39	6:17.39	8:01.59	6:33.09
51.79	54.49	53.99	56.79	50 BK	44.39	46.79	46.29	48.69
1:59.89	2:06.19	2:04.89	2:11.39	100 BK	1:51.19	1:56.99	1:55.79	2:01.89
4:07.29	4:20.29	4:17.69	4:31.19	200 BK	3:28.79	3:39.69	3:37.39	3:48.79
54.09	56.89	56.39	59.29	50 BR	50.29	52.99	52.39	55.19
1:59.99	2:06.29	2:05.09	2:11.59	100 BR	1:51.59	1:57.49	1:56.19	2:02.39
4:22.79	4:36.59	4:33.79	4:48.19	200 BR	4:00.79	4:13.49	4:10.79	4:23.99
52.19	54.89	54.39	57.19	50 FL	40.69	42.79	42.39	44.59
2:14.19	2:21.19	2:19.79	2:27.09	100 FL	2:07.49	2:14.19	2:12.79	2:19.79
4:08.79	4:21.89	4:19.19	4:32.79	200 IM	3:49.19	3:59.19	3:56.69	4:09.19

### P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.

SCY	LCM	SCY	LCM		SCY	LCM	SCY	LCM
33.09	36.69	34.39	38.19	50 FR	28.89	32.19	30.09	33.49
1:10.39	1:18.19	1:13.39	1:21.49	100 FR	1:02.89	1:09.89	1:05.49	1:12.79
2:53.69	3:12.89	3:00.89	3:20.99	200 FR	2:23.79	2:39.79	2:29.79	2:46.39
6:35.19	5:47.39	6:51.69	6:01.89	400/ 500 FR	6:12.49	5:27.39	6:27.89	5:40.99
15:10.39	12:54.79	15:44.49	13:23.79	800/ 1000 FR	14:41.29	12:29.99	15:17.89	13:01.19
27:41.99	25:57.69	28:40.09	26:52.09	1500/ 1650 FR	27:15.29	25:32.59	28:23.49	26:36.49
40.09	44.49	42.19	46.79	50 BK	33.19	36.89	34.59	38.39
1:24.49	1:33.79	1:27.99	1:37.69	100 BK	1:09.89	1:17.69	1:12.79	1:20.89
3:22.59	3:45.09	3:32.79	3:56.39	200 BK	2:47.59	3:06.19	2:54.59	3:13.99
40.49	44.99	42.59	47.29	50 BR	36.19	40.29	37.79	41.89
1:29.79	1:39.69	1:33.49	1:43.89	100 BR	1:20.49	1:29.39	1:23.79	1:33.09
3:16.29	3:38.39	3:26.39	3:49.29	200 BR	2:56.09	3:15.59	3:03.39	3:23.79
36.39	40.39	38.29	42.49	50 FL	31.49	34.99	32.79	36.39
1:16.29	1:24.69	1:19.39	1:28.19	100 FL	1:06.09	1:13.49	1:08.89	1:16.49
3:12.89	3:34.29	3:22.49	344.99	200 FL	2:47.39	3:05.89	2:44.29	3:13.69
2:58.49	3:18.29	3:05.99	3:26.59	200 IM	2:32.49	2:49.49	2:38.89	2:56.49
7:01.19	7:47.99	7:22.29	8:11.39	400 IM	6:06.79	6:40.09	6:56.79	6:56.79